

Summary Report for Individual Task
805D-210-6102
Conduct Spiritual Fitness Training
Status: Approved

Distribution Restriction: Approved for public release; distribution is unlimited.

Destruction Notice: None

Foreign Disclosure: FD1 - The materials contained in this course have been reviewed by the course developers in coordination with the Chaplain School foreign disclosure authority. This course is releasable to students from all requesting foreign countries without restrictions.

Condition: The digital battalion battle staff is conducting combat or preparing to conduct combat operations or is operating in a normal peacetime environment at a normal state of readiness. The chaplain is tasked or a determination is made of the need to conduct a spiritual fitness event in unit. There is access to a suitable location with appropriate facilities, equipment, resources, logistical and personnel support, including a chaplain assistant. This task should not be trained in MOPP 4.

Standard: Identified a requirement, developed a plan and implemented a spiritual fitness event that reflects the goals of the battalion's Command Master Religious Program.

Special Condition: None

Safety Risk: Low

MOPP 4: Never

Task Statements

Cue: None

DANGER
None

WARNING
None

CAUTION
None

Remarks: None

Notes: None

Performance Steps

1. Determine the need, goals, and purpose of the spiritual fitness event.
 - a. Assess the needs of the group.
 - (1) Interview Soldiers
 - (2) Conduct informal visits.
 - (3) Conduct unit ministry team unit survey.
 - b. Develop goals for the spiritual fitness event.
 - (1) Based on needs assessments.
 - (2) Identified in Command Master Religious Plan.
 - c. Establish a purpose for the spiritual fitness event.
 - (1) Enhance spiritual development.
 - (2) Build spiritual leaders.
 - (3) Develop spiritual values.
2. Determine need for and availability of funds.
 - a. Programmed event in the CMRP.
 - b. Understands NAF/AF request procedures.
3. Schedule event through the S3.
 - a. Coordinate date, time and location for event.
 - b. Ensure event is placed on the unit training calendar IAW unit SOP or regulation.
 - c. Coordinate participant requirements with Company Commanders/First Sergeants.
4. Brief commander and supervisory chaplain.
 - a. Inform commander and supervisory chaplain of date, time and location of event.
 - b. Receive approval from commander for event.
5. Coordinate logistics support for the event.
 - a. Coordinate with appropriate section/agency for use of facility for event, if required.
 - b. Ensure facility supports equipment and personnel.

6. Publicize the event.
 - a. Provide FRAGO through the S3, if required.
 - b. Inform unit personnel through training/staff meetings or flyer.
7. Conduct the event.
 - a. Provide spiritual fitness event.
 - b. Solicit feedback and interaction from participants.
8. Conduct an AAR following the event.
9. Provided follow-up pastoral care, as needed.

(Asterisks indicates a leader performance step.)

Evaluation Guidance: Soldiers should be evaluated based on their ability to perform the tasks in accordance with the performance measures listed in this manual. Soldiers who miss any performance measure should be retrained and reevaluated.

Evaluation Preparation:

PERFORMANCE MEASURES	GO	NO-GO	N/A
1. Determined the needs, goals, and purpose of the spiritual fitness event.			
2. Determined need for and availability of funds.			
3. Scheduled event through S3.			
4. Briefed commander and supervisory chaplain.			
5. Coordinated logistics support for the event.			
6. Publicized the event.			
7. Conducted the event.			
8. Conducted an AAR following the event.			
9. Provided follow-up pastoral care, as needed.			

Supporting Reference(s):

Step Number	Reference ID	Reference Name	Required	Primary
	AR 165-1	Army Chaplain Corps Activities	Yes	No
	DA PAM 165-3	Chaplain Training Strategy	No	No
	DA PAM 600-63-12	Fit To Win: Spiritual Fitness	No	No
	FM 1-05	Religious Support	Yes	No
	FM 3-21.8	THE INFANTRY RIFLE PLATOON AND SQUAD	Yes	No
	JP 1-05	Religious Affairs in Joint Operations	Yes	No
	TC 3-25.26	MAP READING AND LAND NAVIGATION (https://armypubs.us.army.mil/doctrine/DR_pubs/dr_c/pdf/tc3_25x26.pdf)	Yes	No

Environment: Environmental protection is not just the law but the right thing to do. It is a continual process and starts with deliberate planning. Always be alert to ways to protect our environment during training and missions. In doing so, you

will contribute to the sustainment of our training resources while protecting people and the environment from harmful effects. Refer to FM 3-34.5 Environmental Considerations and GTA 05-08-002 ENVIRONMENTAL-RELATED RISK ASSESSMENT. Environmental protection is a continual process. Always be alert to ways to protect our environment and reduce waste.

Safety: In a training environment, leaders must perform a risk assessment in accordance with ATP 5-19, Risk Management. Leaders will complete the current Deliberate Risk Assessment Worksheet in accordance with the TRADOC Safety Officer during the planning and completion of each task and sub-task by assessing mission, enemy, terrain and weather, troops and support available-time available and civil considerations, (METT-TC). Note: During MOPP training, leaders must ensure personnel are monitored for potential heat injury. Local policies and procedures must be followed during times of increased heat category in order to avoid heat related injury. Consider the MOPP work/rest cycles and water replacement guidelines IAW FM 3-11.4, Multiservice Tactics, Techniques, and Procedures for Nuclear, Biological, and Chemical (NBC) Protection, FM 3-11.5, Multiservice Tactics, Techniques, and Procedures for Chemical, Biological, Radiological, and Nuclear Decontamination. Everyone is responsible for safety. A thorough risk assessment must be completed prior to every mission or operation.

Prerequisite Individual Tasks : None

Supporting Individual Tasks : None

Supported Individual Tasks : None

Supported Collective Tasks :

Task Number	Title	Proponent	Status
16-5-2002	Provide Religious Education	16 - Chaplain (Collective)	Approved

ICTL Data :

ICTL Title	Personnel Type	MOS Data
AOC 56A, Chaplain	Officer	AOC: 56A