

HHC PHYSICAL FITNESS TRAINING SOAR CARD

<p>Situation: Describe the situation/conditions of the assessment.</p> <p>PT 0700. CPT Womack and 1SG Wright lead a five mile training run.</p>	
<p>Observation: Describe behavior and impact on mission and/or Soldiers.</p> <p>CPT opened up session with motivational words that connect PT to mission. Ignores 1SG Wright (he was trying to tell her that the run route had changed). Seems annoyed when he speaks up, hunches shoulders and turns away.</p>	<p>Associate & Assess: Identify FM 6-22 competency; assess proficiency.</p> <p>Leads Others (conveys the significance of the work) – strength Creates a positive work environment (encourages open and candid communication) - weakness</p>
<p>Reinforce & Recommend: Note appropriate feedback, praise, or correction. Recommended action to sustain/improve leader behavior.</p> <p>Reinforce that fact that she gave effective motivating speech. Improve encouraging open and candid communications– work on nonverbal cues and reacting to new or conflicting information from 1SG Wright. Plan session to sit down with CPT and 1SG to discuss issues.</p>	