

**Summary Report for Individual Task
805D-203-6033
Refer Counselees to Appropriate Agencies
Status: Approved**

DISTRIBUTION RESTRICTION: Approved for public release; distribution is unlimited.

DESTRUCTION NOTICE: None

Condition: Given classroom instruction, the American Association of Pastoral Counseling (AAPC) Code of Ethics and counseling scenarios This task should not be trained in MOPP.

Standard: The student will analyze the counseling situation presented in scenario and make the appropriate referral. Student will be evaluated IAW the rubric.

Special Condition: None

Safety Level: Low

MOPP: Never

Task Statements

Cue: None

DANGER

None

WARNING

None

CAUTION

None

Remarks: None

Notes: None

Performance Steps

1. Establish primary rule of counseling (Do no Harm)
 - a. Until you reach competency, refer difficult issues to other agencies
 - b. Avoid medical, legal, psychiatric, and other areas outside your lane of expertise
 - c. Know that you need to develop your counseling base of knowledge and skills
 - d. Maintain your counseling skills with continued education, supervision, and consultation.
2. Identify Referral Issues
 - a. Mental Disorders
 - b. Domestic Violence
 - c. Sexual Assault
 - d. PTSD
 - e. Traumatic Brain Injury (TBI)
 - f. Long term Marital Counseling
 - g. Depression
 - h. Addictions (alcohol, drugs, sex, gambling, food, etc.)
3. Explore professional issues in establishing levels of competence and making referrals.
 - a. Educate yourself about the resources available in the community
 - b. Make proper plans for transitions with minimal interruption of services
4. Understand the proper procedures for making a referral to an agency.
 - a. Know when to refer counselees.
 - (1) The need is outside your scope of competency
 - (2) Sessions last longer than four meetings
 - (3) Transference/Counter-Transference threatens to disable objectivity
 - (4) You are making no progress with the counselee
 - (5) Counselee requests a referral
 - b. Know how to refer counselees

- (1) Know your resources on the installation or unit area
- (2) Locate or develop a resource directory for your files
- (3) Be familiar with the services they provide
- (4) Use the Family Life Chaplain as a resource

c. Know where to refer counselees

- (1) Hospital Behavioral Health Department
 - (a) Social Work Services
 - (b) Community Mental Health
- (2) Family Advocacy Program (FAP)
- (3) Sexual Harassment Assault Response Program (SHARP) coordinator
- (4) Family Life Chaplain
- (5) Army Community Services (ACS)
- (6) Military OneSource
- (7) American Red Cross
- (8) Legal services (JAG)
- (9) Combat and Operational Stress Control

5. Follow up on their progress after the referral.

(Asterisks indicates a leader performance step.)

Evaluation Guidance: Score the Soldiers a GO on performance measures identified correctly. Score the Soldier NO GO on any performance measure failed. The Soldier must score a GO on 100% of the performance measures listed above to receive a GO on the task. If the Soldier scores a NO GO, show the Soldier what was wrong and require the Soldier to redo the paper.

Evaluation Preparation: To evaluate this task, have students break into groups of five and identify each aspect of the performance steps on butcher paper.

PERFORMANCE MEASURES	GO	NO-GO	N/A
1. Established primary rule of counseling (Do no Harm)			
2. Identified Referral Issues			
3. Explored professional issues in establishing level of competence and making referrals.			
4. Understood the proper procedures for making a referral to an agency			
5. Followed up on progress after the referral.			

Supporting Reference(s):

Step Number	Reference ID	Reference Name	Required	Primary
	AR 165-1	Army Chaplain Corps Activities	Yes	No
	FM 1-05	Religious Support	Yes	No

Environment: Environmental protection is not just the law but the right thing to do. It is a continual process and starts with deliberate planning. Always be alert to ways to protect our environment during training and missions. In doing so, you will contribute to the sustainment of our training resources while protecting people and the environment from harmful effects. Refer to FM 3-34.5 Environmental Considerations and GTA 05-08-002 ENVIRONMENTAL-RELATED RISK ASSESSMENT. Environmental protection is not just the law but the right thing to do. It is a continual process and starts with deliberate planning. Always be alert to ways to protect our environment during training and missions. In doing so, you will contribute to the sustainment of our training resources while protecting people and the environment from harmful effects. Refer to FM 3-34.5 Environmental Considerations and GTA 05-08-002 ENVIRONMENTAL-RELATED RISK ASSESSMENT

Safety: In a training environment, leaders must perform a risk assessment in accordance with FM 5-19, Risk Management. Leaders will complete a DA Form 7566 COMPOSITE RISK MANAGEMENT WORKSHEET during the planning and completion of each task and sub-task by assessing mission, enemy, terrain and weather, troops and support available-time available and civil considerations, (METT-TC). Note: During MOPP training, leaders must ensure personnel are monitored for potential heat injury. Local policies and procedures must be followed during times of increased heat category in order to avoid heat related injury. Consider the MOPP work/rest cycles and water replacement guidelines IAW FM 3-11.4, Multiservice Tactics, Techniques, and Procedures for Nuclear, Biological, and Chemical (NBC) Protection, FM 3-11.5, Multiservice Tactics, Techniques, and Procedures for Chemical, Biological, Radiological, and Nuclear Decontamination. Everyone is responsible for safety. A thorough risk assessment must be completed prior to every mission or operation.

Prerequisite Individual Tasks : None

Supporting Individual Tasks : None

Supported Individual Tasks :

Task Number	Title	Proponent	Status
805D-203-6032	Perform Pastoral Counseling	805D - Chaplain (Individual)	Approved

Supported Collective Tasks :

Task Number	Title	Proponent	Status
16-5-2001	Perform Religious Crisis Response	16 - Chaplain (Collective)	Approved