

Summary Report for Individual Task  
101-92M-4711  
Recognize Mortuary Affairs Related Stress  
Status: Approved

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**Distribution Restriction:** Approved for public release; distribution is unlimited.

**Destruction Notice:** None

**Foreign Disclosure: FD6** - This product/publication has been reviewed by the product developers in coordination with the Fort Lee, VA foreign disclosure authority. This product is releasable to students from foreign countries on a case-by-case basis.

**Condition:** As a mortuary affairs NCO responsible for a team of Soldiers in an operational environment or ingarrison. Given FM 4-02.51, FM 6-22.5, TG 195, and TG 320. This task should not be trained in MOPP 4.

**Standard:** Identify signs and symptoms of stress related to working with human remains.

**Special Condition:** None

**Safety Risk:** Low

**MOPP 4:** Never

<b>Task Statements</b>
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**Cue:** None

<b>DANGER</b>
None

<b>WARNING</b>
None

<b>CAUTION</b>
None

**Remarks:** None

**Notes:** None

### Performance Steps

1. Monitor mortuary affairs personnel for signs of mortuary affairs related stress.

- a. Brief personnel on continuum of stress.
- b. Brief personnel on sources of stress.
- c. Brief personnel on how stress can manifest.
- d. Brief personnel on symptoms of PTSD.
- e. Brief personnel on phases of stress appraisal.
- f. Brief personnel on mediators of stress.

2. Implement the following coping strategies.

- a. Before exposure.
- b. During exposure.
- c. After exposure.

(Asterisks indicates a leader performance step.)

**Evaluation Guidance:** Score the NCO a Go if they successfully complete all steps. Score the NCO a NO-GO if they fail to complete any step. If the NCO fails any step, show what they did wrong and how to do it correctly.

**Evaluation Preparation:** Use a predetermined site. Provide the NCO with required personnel and equipment to perform the task. If using mannequins for training purposes, ensure handling as if they are actual fatalities.

PERFORMANCE MEASURES	GO	NO-GO	N/A
1. Monitored mortuary affairs personnel for signs of mortuary affairs related stress.			
a. Briefed personnel on continuum of stress.			
b. Briefed personnel on sources of stress.			
c. Briefed personnel on how stress could manifest.			
d. Briefed personnel on symptoms of PTSD.			
e. Briefed personnel on phases of stress appraisal.			
f. Briefed personnel on mediators of stress.			
2. Implemented the following coping strategies.			
a. Before exposure.			
b. During exposure.			
c. After exposure.			

**Supporting Reference(s):**

Step Number	Reference ID	Reference Name	Required	Primary
	FM 4-02.51	COMBAT AND OPERATIONAL STRESS CONTROL	Yes	Yes
	FM 6-22.5	COMBAT AND OPERATIONAL STRESS CONTROL MANUAL FOR LEADERS AND SOLDIERS	Yes	Yes
	TG 195	Safety and Health Guidance for Mortuary Affairs Operations	Yes	No
	TG 320	Guide to Coping with Deployment and Combat Stress	Yes	No

**Environment:** Environmental protection is not just the law but the right thing to do. It is a continual process and starts with deliberate planning. Always be alert to ways to protect our environment during training and missions. In doing so, you will contribute to the sustainment of our training resources while protecting people and the environment from harmful effects. Refer to FM 3-34.5 Environmental Considerations and GTA 05-08-002 ENVIRONMENTAL-RELATED RISK ASSESSMENT.

**Safety:** In a training environment, leaders must perform a risk assessment in accordance with ATP 5-19, Risk Management. Leaders will complete the current Deliberate Risk Assessment Worksheet in accordance with the TRADOC Safety Officer during the planning and completion of each task and sub-task by assessing mission, enemy, terrain and weather, troops and support available-time available and civil considerations, (METT-TC). Note: During MOPP training, leaders must ensure personnel are monitored for potential heat injury. Local policies and procedures must be followed during times of increased heat category in order to avoid heat related injury. Consider the MOPP work/rest cycles and water replacement guidelines IAW FM 3-11.4, Multiservice Tactics, Techniques, and Procedures for Nuclear, Biological, and Chemical (NBC) Protection, FM 3-11.5, Multiservice Tactics, Techniques, and Procedures for Chemical, Biological, Radiological, and Nuclear Decontamination.

**Prerequisite Individual Tasks :** None

**Supporting Individual Tasks :** None

**Supported Individual Tasks :** None

**Supported Collective Tasks :** None