

**Summary Report for Individual Task
081-833-0054
Irrigate Eyes
Status: Approved**

DISTRIBUTION RESTRICTION: Approved for public release; distribution is unlimited.

DESTRUCTION NOTICE: None

Condition: You have a patient requiring eye irrigation. A visual acuity examination has been performed and documented. You have performed a patient care hand-wash. You will need draping materials, catch basin, light source, gauze or cotton balls, irrigating syringe or similar equipment, gloves, and irrigating solution (normal saline or water). You are not in a CBRN environment.

Standard: Irrigate the eyes without injuring the eyes.

Special Condition: None

Special Standards: None

Special Equipment:

Safety Level: Low

MOPP:

Task Statements

Cue: None

DANGER
None

WARNING
None

CAUTION
None

Remarks: None

Notes: None

Performance Steps

1. Identify the patient and explain the procedure.

CAUTION

Do not irrigate an eye that has an impaled object.

2. Verify the type, strength, and expiration date of the irrigating solution in accordance with (IAW) local standard operating procedure (SOP) and medical officer's order.

3. Ask the patient to remove contact lenses or glasses, if necessary.

4. Position the patient.

- a. If lying on the back, tilt the head slightly to the side that is to be irrigated.
- b. If seated, tilt the head slightly backward and to the side that is to be irrigated.

5. Position the equipment.

- a. Drape the areas of the patient that may be splashed by the solution.
- b. Place a catch basin next to the face on the affected side.
- c. Position the light so that it does not shine directly into the patient's eyes.

WARNING

Wear gloves for self-protection against transmission of contaminants whenever handling body fluids.

6. Put on gloves.

7. Clean the eyelids with gauze or cotton balls, and rinse debris from the outer eye.

CAUTION

Do not put pressure on the eyeball.

8. Separate the eyelids using the thumb and forefinger, and hold the lids open.

9. Irrigate the eye.

- a. Hold the irrigating tip 1 to 1 1/2 inches away from the patient's eye.
- b. Direct the irrigating solution gently from the inner canthus to the outer canthus.
- c. Use only enough pressure to maintain a steady flow of solution and to dislodge any secretions or foreign bodies.

d. Instruct the patient to look up to expose the conjunctival sac and lower surface of the eye.

e. Instruct the patient to look down to expose the upper surface of the eye.

CAUTION

Do not touch the eye.

10. Dry the area around the eye by gently patting with gauze sponges.

11. Remove the gloves, and perform a patient care hand-wash.

12. Record the treatment given IAW local SOP.

(Asterisks indicates a leader performance step.)

Evaluation Preparation: Setup: For training and evaluation, use another Soldier to perform an eye irrigation on.

Brief Soldier: Tell the Soldier the simulated patient requires an eye irrigation.

PERFORMANCE MEASURES	GO	NO-GO	N/A
1. Identified the patient and explained the procedure.			
2. Verified the type, strength, and expiration date of the irrigating solution IAW local SOP and medical officer's order.			
3. Asked the patient to remove contact lenses or glasses, if necessary.			
4. Positioned the patient.			
5. Positioned the equipment.			
6. Put on gloves.			
7. Cleaned the eyelids with gauze or cotton balls, and rinsed debris from the outer eye.			
8. Separated the eyelids using the thumb and forefinger, and held the lids open.			
9. Irrigated the eye.			
10. Dried the area around the eye by gently patting with gauze sponges.			
11. Removed the gloves and performed a patient care hand-wash.			
12. Recorded the treatment given IAW local SOP.			

Supporting Reference(s):

Step Number	Reference ID	Reference Name	Required	Primary
	978-0781765213	Textbook of Basic Nursing 9th edition, Caroline Bunker Rosdahl, Mary T. Kowalski	No	No

Environment: Environmental protection is not just the law but the right thing to do. It is a continual process and starts with deliberate planning. Always be alert to ways to protect our environment during training and missions. In doing so, you will contribute to the sustainment of our training resources while protecting people and the environment from harmful effects. Refer to FM 3-34.5 Environmental Considerations and GTA 05-08-002 ENVIRONMENTAL-RELATED RISK ASSESSMENT.

Safety: In a training environment, leaders must perform a risk assessment in accordance with FM 5-19, Composite Risk Management. Leaders will complete a DA Form 7566 COMPOSITE RISK MANAGEMENT WORKSHEET during the planning and completion of each task and sub-task by assessing mission, enemy, terrain and weather, troops and support available-time available and civil considerations, (METT-TC). Note: During MOPP training, leaders must ensure personnel are monitored for potential heat injury. Local policies and procedures must be followed during times of increased heat

category in order to avoid heat related injury. Consider the MOPP work/rest cycles and water replacement guidelines IAW FM 3-11.4, NBC Protection, FM 3-11.5, CBRN Decontamination.

Prerequisite Individual Tasks : None

Supporting Individual Tasks : None

Supported Individual Tasks : None

Supported Collective Tasks :

Task Number	Title	Proponent	Status
N/A	N/A	Not Selected	Obsolete