

Summary Report for Individual Task
805D-203-6035
Demonstrate Understanding of Principles of Pastoral Counseling for Victims of Sexual Assault
Status: Approved

DISTRIBUTION RESTRICTION: Approved for public release; distribution is unlimited.

DESTRUCTION NOTICE: None

Condition: A Soldier or family member in your area of responsibility seeks individual pastoral counseling. The unit ministry team has access to facilities, and appropriate resources. This task should not be trained in MOPP.

Standard: Demonstrate understanding of the principles for counseling sexual assault victims by participating in a practical exercise role play of a counseling scenario where the chaplain accurately demonstrates the SPIRIT care sexual assault pastoral counseling protocol.

Special Condition: None

Safety Level: Low

MOPP: Never

Task Statements

Cue: None

DANGER
None

WARNING
None

CAUTION
None

Remarks: None

Notes: None

Performance Steps

1. Identify the importance of addressing the needs of the sexual assault victim.
 - a. Sexual assaults in the military are increasing
 - b. Sexual assaults are destructive for both individual's and units
2. Understand the Importance of the Chaplain's role
3. Identify the requirement for confidentiality to be maintained and recommend other avenues of confidential care
 - a. Confidentiality is paramount for most victims
 - b. Victims don't want to become victimized a second time by the system
 - c. Recommend to victims other avenues of confidential care
 - (1) Medical doctors
 - (2) Behavioral Health providers
 - (3) Unit Victim Advocates (VA/SHARP)
4. Identify the normal stages of recovery for sexual assault victims
 - a. Impact
 - b. Denial
 - c. Process
 - d. Integration
5. Understand and Apply the principles of the SPIRIT care protocol
 - a. S - Setting a supportive environment
 - (1) Believing and not blaming the victim
 - (2) Organize your office so it's comfortable, clean, and conducive to counseling
 - (3) Pray for/with your client if they are identify as a person of faith
 - (4) Avoid sitting too close
 - b. P - Partnering for success
 - (1) with the client
 - (2) with the helping community

c. I - Information sharing

d. R - Restoring the victim to life

(1) Restoring physically

(2) Restoring emotionally

(3) Restoring mentally

(4) Restoring spiritually

e. I - Integrating the experience into his/her identity

(1) Put the sexual assault into perspective

(2) Place responsibility of assault on the attacker

(3) Identify how he/she is both the same and different from before

(4) Educate victim to expect triggers

f. T - Thinking theologically about sexual assault

(1) Should I forgive the attacker?

(2) If I am pregnant from the assault, what if I get an abortion?

(3) Where was God?

(4) How can I ever trust God again?

(5) Now I feel dirty, spoiled and used.

(6) How can I ever forgive myself for ignoring the warnings?

6. Demonstrate understanding of the principles of sexual assault pastoral counseling in a practical exercise role play scenario.

(Asterisks indicates a leader performance step.)

Evaluation Guidance: Soldiers should be evaluated based on their ability to perform the task in accordance with the performance measures listed. Soldiers who miss any performance measure should be retrained and reevaluated.

Evaluation Preparation: Provide Soldiers with handouts of the SPIRIT care protocol, counseling scenarios, guidance to break into small groups of five, and conduct the counseling role play that requires the Soldier to respond accurately, IAW task standards, to the following performance measures. This may be presented orally or in writing. Tell the students that they will be required to correctly respond to at least 75 percent of the performance measures to receive a GO on the task.

PERFORMANCE MEASURES	GO	NO-GO	N/A
1. Identified the importance of addressing the needs of the sexual assault victim			
2. Demonstrated understanding of the importance of the Chaplain's role			
3. Identified the requirement for confidentiality to be maintained and recommend other avenues of confidential reporting			
4. Identified the normal stages of recovery experienced by a sexual assault victim			
5. Demonstrated understanding of the principles of sexual assault pastoral counseling			
6. Demonstrated the SPIRIT care protocol through a practical exercise role play counseling scenario			

Supporting Reference(s):

Step Number	Reference ID	Reference Name	Required	Primary
	AR 165-1	Army Chaplain Corps Activities	Yes	No
	FM 1-05	Religious Support	Yes	No
	PAM 600-24 (Change 001 09/07/2010 1 Pages)	Health Promotion, Risk Reduction, and Suicide Prevention (RAR - 07Sep 2010)	Yes	No

Environment: Environmental protection is not just the law but the right thing to do. It is a continual process and starts with deliberate planning. Always be alert to ways to protect our environment during training and missions. In doing so, you will contribute to the sustainment of our training resources while protecting people and the environment from harmful effects. Refer to FM 3-34.5 Environmental Considerations and GTA 05-08-002 ENVIRONMENTAL-RELATED RISK ASSESSMENT. Environmental protection is not just the law but the right thing to do. It is a continual process and starts with deliberate planning. Always be alert to ways to protect our environment during training and missions. In doing so, you will contribute to the sustainment of our training resources while protecting people and the environment from harmful effects. Refer to FM 3-34.5 Environmental Considerations and GTA 05-08-002 ENVIRONMENTAL-RELATED RISK ASSESSMENT

Safety: In a training environment, leaders must perform a risk assessment in accordance with FM 5-19, Risk Management. Leaders will complete a DA Form 7566 COMPOSITE RISK MANAGEMENT WORKSHEET during the planning and completion of each task and sub-task by assessing mission, enemy, terrain and weather, troops and support available-time available and civil considerations, (METT-TC). Note: During MOPP training, leaders must ensure personnel are monitored for potential heat injury. Local policies and procedures must be followed during times of increased heat category in order to avoid heat related injury. Consider the MOPP work/rest cycles and water replacement guidelines IAW FM 3-11.4, Multiservice Tactics, Techniques, and Procedures for Nuclear, Biological, and Chemical (NBC) Protection, FM 3-11.5, Multiservice Tactics, Techniques, and Procedures for Chemical, Biological, Radiological, and Nuclear Decontamination. Everyone is responsible for safety. A thorough risk assessment must be completed prior to every mission or operation.

Prerequisite Individual Tasks : None

Supporting Individual Tasks : None

Supported Individual Tasks : None

Supported Collective Tasks :

Task Number	Title	Proponent	Status
16-5-2001	Perform Religious Crisis Response	16 - Chaplain (Collective)	Approved